

Life Strategy # 1

“Wait” Training

Waiting can be the hardest thing we ever have to do; we live in a world where instant gratification is the norm, and waiting for anything is looked upon as an inconvenience at best. Our impulsiveness, and the “I want it now” attitude, not only brings us grief more often than not, but it also reveals our immaturity in whatever area we are being impatient. The Bible is full of instructions concerning waiting, and in this lesson we want to take an overview of these instructions and answer some simple questions, such as *When do we wait on God?*, *How do we wait on God?*, and *What are the benefits of waiting on God?* Hopefully, the answers to these questions will help you to see more clearly the purpose of waiting and its affect on our lives.

When waiting on God, there are some things that we must be aware of. First, we must realize that **God is not on our time table**. What may seem like a total failure on his part to intervene on our behalf is nothing more than a delay by design. We will spend an entire session on this point alone, but for now, just realize that God is looking out for your best interest, and that His ways are not our ways, and His thoughts higher than our thoughts. He can see tomorrow, next week, and next year. His perspective is far greater than ours so we need to trust Him to guide us as we go. Secondly, we must understand that we may get discouraged while we wait. This is okay provided we **don't stay discouraged**. Remember, you are living in a body, dealing with a mind, and acting in a world that is constantly trying to do things in a manner that is contrary to God's ways. While I am a firm believer that we don't just sit around and do nothing, but rather we do what we can do with what God has given us, ultimately it comes down to God being God, and all of us trusting Him to the best of our ability. Your flesh may cry out, your emotions may want take control and change course, **but to those who wait upon the Lord, they will experience the blessings with the benefits that only waiting can bring.**

Waiting is not an option. Waiting is part of the stock and trade of the believer. As we move through this study, I pray that you will begin to see the benefits of waiting and realize that, whatever it takes to receive these benefits, it is more than worth it. You will find that waiting is not just a good idea but is essential to our growth as believers. You will begin to see that when you find yourself in a time of waiting, no matter how uncomfortable or painful it may be, that there is a definite blessing, resolve and promise awaiting you at the end.

When Do We Wait On God?

- **Waiting On God Is A Daily Decision.**

“Lead me in Your truth and teach me, For You are the God of my salvation; On You I wait all the day.” Psalm 25:5

“...Observe mercy and justice, and wait on your God continually.” Hosea 12:6

How Do We Wait On God?

- **Eagerly By The Power Of The Holy Spirit.**

“For we through the Spirit eagerly wait for the hope of righteousness by faith.” Galatians 5:5

- **Eagerly With Perseverance.**

“But if we hope for what we do not see, then we eagerly wait for it with perseverance.” Romans 8:25

- **We Wait Patiently.**

“Rest in the Lord, and wait patiently for Him.” Psalm 37:7

- **We Wait Silently.**

“Truly my soul silently waits for God; from Him Comes my salvation.” Psalm 62:1

“My soul, wait silently for God alone, for my expectation is from Him.” Psalm 62:5

What Are The Benefits Of Waiting On God?

1. **We Receive God’s Sustenance.**

“These all wait for You, that You may give them their food in due season.” Psalm 104:27

2. **We Receive Salvation And Deliverance.**

“And it will be said in that day: Behold, this is our God; we have waited for Him, and He will save us. This is the Lord; we have waited

for Him; we will be glad and rejoice in His salvation.” Isaiah 25:9 (Is. 30:18)

3. We Receive God’s Blessings.

“...Blessed are all those who wait for Him.” Isaiah 30:18

4. We Receive Strength, Perception, And Endurance.

“But those who wait upon the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.” Isaiah 40:31

5. We Receive God’s Action On Our Behalf.

“For since the beginning of the world men have not heard nor perceived by ear, nor has the eye seen any God beside You, who acts for the one who waits for Him.” Isaiah 64:4

Other Benefits of Waiting On God

1. It builds faith in God’s promises
2. It matures us as believers
3. It reveals our character
4. It builds hope
5. It teaches us to let go
6. It develops influence
7. It develops intimacy
8. It helps you decide what’s important

God is more interested in our character than our comfort, in our holiness than our happiness